

Blood Sugar Log for the Week of _____

	Breakfast		Lunch		Dinner		Bedtime		During the Night					
	blood sugar before	insulin	blood sugar before	insulin	blood sugar before	insulin	blood sugar before	insulin	blood sugar before	insulin	blood sugar after	insulin	blood sugar after	insulin
Sunday														
Monday														
Tuesday														
Wednesday														
Thursday														
Friday														
Saturday														

Weekly Blood Sugar Notes
